

# Educator attitudes

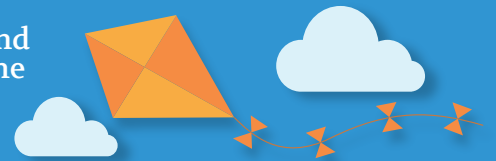


## Trends

Research of Australian primary, secondary and early learning educators in 2020 found:

**79%**

of educators feel depression, anxiety and other mental health issues are one of the top three most important health issues facing children and young people



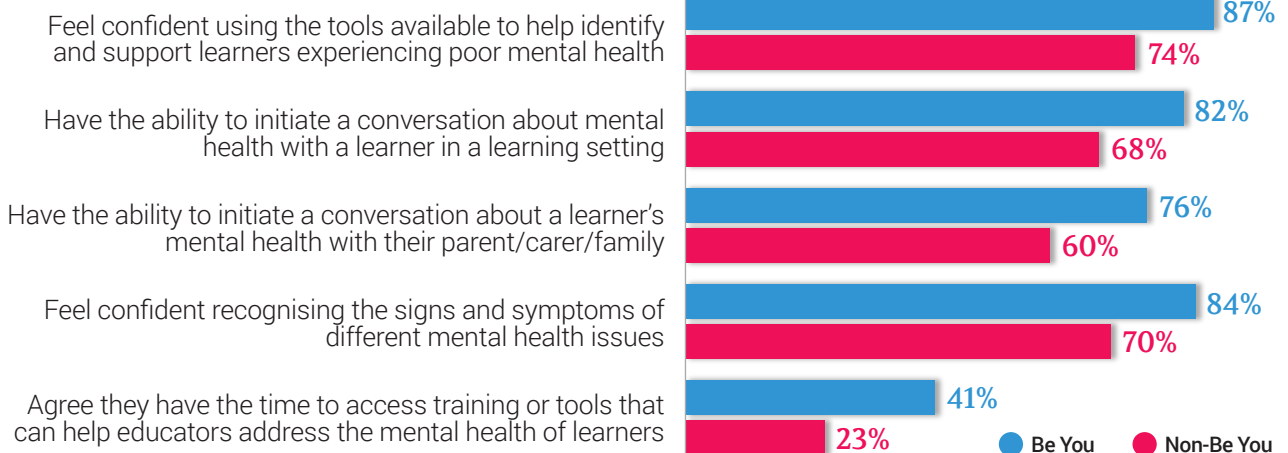
Educators increasingly feel that supporting the mental health needs of learners is part of their job



## Be You

empowers early learning services and schools to build mentally healthy learning communities across Australia. Educators are increasingly feeling empowered to deal with the mental health of their learners.

### Educators using Be You resources were more likely to:



### Opportunities identified by this research:

- Support leadership teams to provide opportunities for educators to feel confident engaging with learner mental health and wellbeing
- Support educator wellbeing
- Support learning communities to feel prepared to respond to critical incidents