# Bibliography

## Early Support domain – Provide

Allen K.A., Kern P, Vella-Brodrick D, Waters L. (2018) Understanding the priorities of Australian secondary schools through an analysis of their mission and vision statements. *Educational Administration Quarterly*. 54(2):249-74. [https://doi.org/10.1177/0013161X1875865](https://doi.org/10.1177/0013161X18758655)

Australian Government Department of Health (DOH). (2017). *Better access to mental health care: fact sheet for patients.* Canberra: DOH.

Australian Government Department of Health (DOH). (2017). *The Fifth National Mental Health and Suicide Prevention Plan.* Canberra: DOH. <https://www.mentalhealthcommission.gov.au/monitoring-and-reporting/fifth-plan>

Barbour, R. S., Stanley, N., Penhale, B., & Holden, S. (2002). Assessing risk: professional perspectives on work involving mental health and childcare services. *Journal of Interprofessional care*, 16(4), 323-334. <https://doi.org/10.1080/1356182021000008256>

Bernard, M. E., Stephanou, A., & Urbach, D. (2007). *ASG student social and emotional health report.* Australian Scholarships Group Friendly Society Limited. <https://research.acer.edu.au/well_being/22/>

Block, A. W., & Block, S. R. (2002). Strengthening social work approaches through advancing knowledge of early childhood intervention. *Child and Adolescent Social Work Journal,* 19(3), 191-208. [https://doi.org/10.1023/A:1015575914314](https://doi.org/10.1023/A%3A1015575914314)

Buila, S. (2009). Using the media to enhance well-being and mental health. *Rural Society*, 19(4), 363-367.

Bullot A., Cave, L., Fildes, J., Hall, S. and Plummer, J. (2017). *Mission Australia’s 2017 Youth Survey Report.* Sydney:, Mission Australia.

Bussing, R., Zima, B. T., Gary, F. A., & Garvan, C. W. (2003). Barriers to detection, help-seeking, and service use for children with ADHD symptoms. *The journal of behavioral health services & research*, 30(2), 176-189. <https://doi.org/10.1007/BF02289806>

Carter, A. S., Briggs‐Gowan, M. J., & Davis, N. O. (2004). Assessment of young children's social‐emotional development and psychopathology: Recent advances and recommendations for practice. *Journal of Child Psychology and Psychiatry*, 45(1), 109-134. <https://doi.org/10.1046/j.0021-9630.2003.00316.x>

Cole, N. (2007). Depression awareness: Community‐based approach. *Australian Psychologist*, 42(2), 161- 166. <https://doi.org/10.1080/00050060701280631>

Corrigan, P. (2004). How stigma interferes with mental health care. *American psychologist*, 59(7), 614. <https://doi.org/10.1037/0003-066X.59.7.614>

Corrigan, P. W. (2007). How clinical diagnosis might exacerbate the stigma of mental illness. *Social Work*, 52(1), 31-39. <https://doi.org/10.1093/sw/52.1.31>

Farmer, E. M., Burns, B. J., Phillips, S. D., Angold, A., & Costello, E. J. (2003). Pathways into and through mental health services for children and adolescents. *Psychiatric Services*, 54(1), 60-66. <https://doi.org/10.1176/appi.ps.54.1.60>

Farrell, P., & Travers, T. (2005). A healthy start: Mental health promotion in early childhood settings. *Australian E-journal for the Advancement of Mental Health*, 4(2), 98-107. <https://doi.org/10.5172/jamh.4.2.98>

Gulliver, A., Griffiths, K. M., & Christensen, H. (2010). Perceived barriers and facilitators to mental health help-seeking in young people: a systematic review. *BMC psychiatry*, 10(1), 113. <https://doi.org/10.1186/1471-244X-10-113>

Hafekost, J., Lawrence, D., Boterhoven de Haan, K., Johnson, S. E., Saw, S., Buckingham, W. J., ... & Zubrick, S. R. (2016). Methodology of young minds matter: the second Australian child and adolescent survey of mental health and wellbeing. *Australian & New Zealand Journal of Psychiatry*, 50(9), 866-875. <https://doi.org/10.1177/0004867415622270>

headspace. (2020). *NIP it in the bud! Intervention approach.* <https://safeminds.org.au/schools/nip-it-in-the-bud/>

Hickie, I. B. (2002). Preventing depression: a challenge for the Australian community. *The Medical Journal of Australia*, 177(7), 85. <https://doi.org/10.5694/j.1326-5377.2002.tb04862.x>

Huang, L., Stroul, B., Friedman, R., Mrazek, P., Friesen, B., Pires, S., & Mayberg, S. (2005). Transforming mental health care for children and their families. *American Psychologist*, 60(6), 615. <https://doi.org/10.1037/0003-066X.60.6.615>

Jorm, A. F. (2000). Mental health literacy: Public knowledge and beliefs about mental disorders. *The British Journal of Psychiatry*, 177(5), 396-401. <https://doi.org/10.1192/bjp.177.5.396>

Knitzer, J. (2007). Putting knowledge into policy: Toward an infant‐toddler policy agenda. *Infant Mental Health Journal*, 28(2), 237-245. <https://doi.org/10.1002/imhj.20131>

Komiya, N., Good, G. E., & Sherrod, N. B. (2000). Emotional openness as a predictor of college students' attitudes toward seeking psychological help. *Journal of counseling psychology*, 47(1), 138. [https://doi.org/10.1037/0022-0167.47.1.138](https://psycnet.apa.org/doi/10.1037/0022-0167.47.1.138)

Larson, J. E., & Corrigan, P. (2008). The stigma of families with mental illness. *Academic psychiatry*, 32(2), 87-91. <https://doi.org/10.1176/appi.ap.32.2.87>

Lawrence, D., Hafekost, J., Johnson, S. E., Saw, S., Buckingham, W. J., Sawyer, M. G., ... & Zubrick, S. R. (2016). Key findings from the second Australian child and Adolescent Survey of Mental Health and Wellbeing. *Australian & New Zealand Journal of Psychiatry*, 50(9), 876-886. <https://doi.org/10.1177/0004867415617836>

Link, B. G., & Phelan, J. C. (2001). Conceptualizing stigma. *Annual review of Sociology*, 27(1), 363-385. [https://doi.org/10.1146/annurev.soc.27.1.363](https://psycnet.apa.org/doi/10.1146/annurev.soc.27.1.363)

Lipman, E. L., & Boyle, M. H. (2003). Barriers to services promoting child emotional, behavioural, and social health. *Encyclopedia on Early Childhood Developmen*t, 1-7. <https://www.child-encyclopedia.com/low-income-and-pregnancy/according-experts/barriers-services-promoting-child-emotional-behavioural>

McCarthy, J. (2008). Helping counselor trainees overcome barriers to seeking help. *The Journal of Humanistic Counseling,* *Education and Development*, 47(1), 71-81. <https://doi.org/10.1002/j.2161-1939.2008.tb00048.x>

Patton, G. C., Sawyer, S. M., Santelli, J. S., Ross, D. A., Afifi, R., Allen, N. B., ... & Kakuma, R. (2016). Our future: a Lancet commission on adolescent health and wellbeing. *Lancet*, 387(10036), 2423-2478. [https://doi.org/10.1016/S0140-6736(16)00579-1](https://doi.org/10.1016/S0140-6736%2816%2900579-1)

Perry, D. F., Kaufmann, R. K., & Knitzer, J. E. (2007). *Social and emotional health in early childhood: Building bridges between services and systems.* Paul H Brookes Publishing.

Pescosolido, B. A., Jensen, P. S., Martin, J. K., Perry, B. L., Olafsdottir, S., & Fettes, D. (2008). Public knowledge and assessment of child mental health problems: Findings from the National Stigma Study-Children. *Journal of the American Academy of Child & Adolescent Psychiatry*, 47(3), 339-349. <https://doi.org/10.1097/CHI.0b013e318160e3a0>

Raviv, A., Sharvit, K., Raviv, A., & Rosenblat-Stein, S. (2009). Mothers’ and fathers’ reluctance to seek psychological help for their children. *Journal of Child and Family Studies*, 18(2), 151. [https://doi.org/10.1007/s10826-008-9215-0](https://psycnet.apa.org/doi/10.1007/s10826-008-9215-0)

Rickwood, D. J., Mazzer, K. R., & Telford, N. R. (2015). Social influences on seeking help from mental health services, in-person and online, during adolescence and young adulthood. *BMC psychiatry*, 15(1), 40. <https://doi.org/10.1186/s12888-015-0429-6>

Rickwood, D., Deane, F. P., Wilson, C. J., & Ciarrochi, J. (2005). Young people’s help-seeking for mental health problems. *Australian e-journal for the Advancement of Mental health*, 4(3), 218-251. [https://doi.org/10.5172/jamh.4.3.218](https://psycnet.apa.org/doi/10.5172/jamh.4.3.218)

Rickwood, D., Deane, F.P., Wilson, C.J. (2007). When and how do young people seek professional help for mental health problems? *Medical Journal of Australia*, 187(7), 35. <https://doi.org/10.5694/j.1326-5377.2007.tb01334.x>

Salmon, G., Cleave, H., & Samuel, C. (2006). Development of multi-agency referral pathways for attention deficit hyperactivity disorder, developmental coordination disorder and autistic spectrum disorders: Reflections on the process and suggestions for new ways of working. *Clinical Child Psychology and Psychiatry*, 11(1), 63-81. <https://doi.org/10.1177/1359104506056321>

Sanders, M. R. (2002). Parenting interventions and the prevention of serious mental health problems in children. *Medical Journal of Australia*, 177(7), S87. <https://doi.org/10.5694/j.1326-5377.2002.tb04863.x>

Sawyer, S. M., Afifi, R. A., Bearinger, L. H., Blakemore, S. J., Dick, B., Ezeh, A. C., & Patton, G. C. (2012). Adolescence: a foundation for future health. *Lancet*, 379(9826), 1630-1640. [https://doi.org/10.1016/S0140-6736(12)60072-5](https://doi.org/10.1016/S0140-6736%2812%2960072-5)

Tsao, C. I. P., Tummala, A., & Roberts, L. W. (2008). Stigma in mental health care. *Academic Psychiatry*, 32(2): 70-72. [https://doi.org/10.1176/appi.ap.32.2.70](https://psycnet.apa.org/doi/10.1176/appi.ap.32.2.70)

World Health Organization. (2004). Promoting mental health: Concepts, emerging evidence, practice: Summary report. Geneva: WHO. <https://iris.who.int/bitstream/handle/10665/42940/9241591595.pdf>