

Included below are reflective questions referred to during the webinar along with links to additional information, resources and references.

In practice reflective questions

These reflective questions can be used to form the basis of a conversation with your Be You Action Team or Learning Community Leadership.

- ④ Reflect on how you have used and adapted stories intentionally in your practice.
- ④ Have you used any therapeutic storytelling techniques previously? Reflect on the outcome.
- ④ What considerations could you make about the storytelling environment?
- ④ How could children be involved in the adaptation of therapeutic storybooks?
- ④ Consider how therapeutic storytelling techniques could be used to strengthen family partnerships?
- ④ Consider what you have observed when children use stories as the basis in their dramatic play, expressive arts or music and movement?

Links to additional information, resources and references from the webinar

Be You website

<https://beyou.edu.au>

Be You Professional Learning

<https://beyou.edu.au/learn>

Responding Together domain

<https://beyou.edu.au/learn/responding-together>

Therapeutic Storytelling Professional Learning module

<https://beyou.edu.au/learn/responding-together/therapeutic-storytelling>

Natural disasters and other community trauma module:

<https://beyou.edu.au/learn/responding-together/natural-disasters-and-other-community-trauma/early-learning/understanding-community-trauma>

The timelines of managing community trauma

<https://beyou.edu.au/learn/responding-together/natural-disasters-and-other-community-trauma/early-learning/understanding-community-trauma>

Birdie's Tree suite of resources

<https://www.childrens.health.qld.gov.au/natural-disaster-recovery>

Australian Institute for Disaster Resilience: Education for Young People website
<https://schools.aidr.org.au>

Resources

Wellbeing Tools for You
<https://beyou.edu.au/resources/tools-and-guides/wellbeing-tools-for-you>

Wellbeing plan for educators
<https://beyou.edu.au/-/media/resources/tools-and-guides/wellbeing-tools-for-you/practice/be-you-wellbeing-plan-for-educators.pdf>

Planning for wellbeing - mine yours ours
<https://beyou.edu.au/resources/tools-and-guides/wellbeing-tools-for-you>

Fact Sheets

Staff Wellbeing
<https://beyou.edu.au/fact-sheets/wellbeing/staff-wellbeing>

Stress Management
<https://beyou.edu.au/fact-sheets/wellbeing/stress-management>

In Focus webinar recordings

Maintaining a mentally healthy community when change is all around:
<https://beyou.edu.au/resources/sessions-and-events/maintaining-a-mentally-healthy-community-when-change-is-all-around>

Promoting educator wellbeing
<https://beyou.edu.au/resources/events/promoting-educator-wellbeing>